

WORKSHOP

First Aid and CPR

[2 DAYS INSTRUCTION]

COURSE OVERVIEW

Standard First Aid with Level C CPR. 100% participation is required to complete the first aid course successfully.

COURSE OUTLINE

📍 Day One: Introduction (30 minutes), The Red Cross (10 minutes), Preparing to Respond (20 minutes), The Emergency Medical Services system (10 minutes), Check, Call Care (90 minutes), Airway Emergencies (45 minutes), Respiratory and Cardiac Arrest (90 minutes), Wound Care (45 minutes). 📍 Day Two: Reflection of Day One (15 minutes), Scenario Review from Day One Content (30 minutes), Head and Spine Injuries (45 minutes), Bone, Muscle and Joint Injuries (60 minutes), Bone, Muscle and Joint Injuries (continued), Sudden Medical Emergencies (30 minutes), Environmental Emergencies (30 minutes), Poisons (30 minutes), Knowledge Evaluation (45 minutes), Wrap-up (15 minutes).

PREREQUISITE

This course is open to anyone.

TARGET AUDIENCE

Water utility field staff, water utility construction inspectors, and water system design personnel.

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FROM OUR HOMEPAGE.**

LOCATION

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WEB SITE

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COURSE DURATION

2 days

TIME

8:30 am to 4:00 pm

DIRECTOR APPROVED CEUs

NA

TRAINER

Canadian Red Cross

COST

\$250.00 + \$32.50 HST = \$282.50

